



Newsletter from the 2nd Scandinavian TCM Congress 3rd-6th September 2009

Dear Colleagues of Classic and Traditional Chinese Medicine,

This will be the last newsletter from the Scandinavian congress team before the summer holidays. Before you weeks of relaxation and lazy days in the sun, do not forget to sign up for the congress. Some of the workshops are almost full, so sign up now and find inspiration and new knowledge with Arya Nielsen, Barbara Kirschbaum, Heiner Fruehauf, Jeffrey Yuen, Yair Maimon and many more wonderful teachers. Do not forget that the main congress ticket also includes Danish lunch buffet, coffee, tea, cake and fresh fruit during the breaks.

Sign up here: <http://www.tcm-kongres.dk/registration.php>

The Scandinavian TCM Congress - Video Podcasts

We have interviewed some of the congress teachers as well as participants at the Scandinavian TCM Congress 2009. The teachers introduce their congress topic, and the participants are sharing what they look forward to at the year's congress in Denmark.

Watch the Video Podcats here:

<http://www.youtube.com/TCMCONGRESS2009>

Speech from the Rothenburg Congress

"Congresses are meeting points with lectures of high quality, network across borders and the possibility to become a part of the bigger picture of our Chinese Medicine. When we work together, we stand stronger for our medicine, and everybody is important. We look forward to seeing you, so do not hesitate to join us in Slettestrand! ". Marian Nielsen Joos, congress organizer

Watch the speech given by Marian Nielsen Joos from AV Recording:

www.avrecord.de/mj.wmv

"The Scandinavian TCM Congress team congratulates the Rothenburg TCM Congress with their 40th congress of Chinese Medicine in Germany".



We look forward to welcoming 15 [international teachers:](#)



Anette Koppang
Norway



Arya Nielsen
USA



Barbara Kirschbaum
Germany



Dominique Hertz
Germany



Elisa Rossi
Italy



Elisabeth Rochat
de la Vallée
France



Hamid Montakab
Switzerland



Heiner Fruehauf
USA



Jeffrey C. Yuen
USA



Lillian Pearl
Bridges
USA



Lorie Eve Dechar

Competitions

We have found a winner for the free ticket for the congress!

Signe Jæger, Denmark, is the lucky winner of a free "main congress" ticket to the congress. This ticket gives free access to the main congress Friday, Saturday and Sunday. The main congress ticket also includes Danish lunch buffet, coffee, tea, cake and fresh fruit during the breaks. The winner has been informed directly

And we have more winners!

A free gift box from TCM Products Norden, Sweden, goes to Tutteli Hammermann Finland

The CD "Tibetan Peace Prayer" with Lakha Lama by Byrum Recordings goes to Kevin Eakins, Ireland.

New Competitions

This time you may be lucky and win:

- The new book from Nigel Ching: "Kunsten at Diagnosticere med Kinesisk Medicin ("The Art of Diagnosis with Chinese Medicine") - read the review below - or:
- A wonderful skin cream with bioactive colostrum from Vilact. The Vilact skin care line is a series created with natural oils, no perfumes, and only with bioactive and beneficial ingredients.

Transport

It is very easy to reach the congress center at Rønne's Hotel, Slettestrand. If you come from Denmark, you can travel by car, bus or train. From Norway and Sweden ferry lines are available, and if you arrive by airplane, you should find a connection to Aalborg airport which is the closest airport to Slettestrand. Send us an e-mail with the details of your arrival at Aalborg airport, and we will aim at preparing bus and/or taxi pick-up at the airport if you arrive at the same time as other participants. If you arrive at other times you may catch a taxi and reach the conference center in 45 minutes.

Congress Exhibition

Once again we look forward to welcoming our suppliers at the Congress Exhibition. Find out what is new on the market and meet your supplier face to face. At the Congress Exhibition you will find a wide spectre of TCM products.

New book - read the review!

Finally after nearly a years delay, Nigel Ching's second book "Kunsten at Diagnosticere med Kinesisk Medicin" ("The Art of Diagnosis with Chinese Medicine") has hit the streets and the bedside tables of acupuncturists in Scandinavia. The book, which is in Danish; is an 800 page manual of Chinese medical diagnostics and is published by Klitrose Forlaget.

Here for the first time in Danish is a comprehensive study of Chinese medical diagnostics, both its methodology and its array of diagnostic models.

The book goes further than most standard texts, drawing on the author's 18 years experience of clinical experience, as well as his studies with many of Europe's leading teachers in the field.

It is a well structured and inviting book, not just in its graphic design and lay-out, but also because the text itself is clear and succinct. Whilst there is a rich volume of detail, the book has been written in a manner that makes it very direct and accessible.

The first part of the book follows the traditional approach to diagnosis, dividing the diagnostic methods into four main areas - diagnosis by palpation, diagnosis by listening/smelling, diagnosis by interrogation and diagnosis by observation.

At the end of each section there is a table, so the practitioner or student can quickly survey

the relevant information, without having to read through the text itself.

The book has a less scholarly approach than Giovanni Maciocia's "Diagnosis in Chinese Medicine" and lacks the referencing to classical texts. On the other hand Ching's book focuses more on the practical aspects of diagnosis in the clinic. There is more attention to the quirker areas of diagnosis such as listening to the sound of the patient's voice in the telephone, when they book an appointment, the sound of their feet as they walk through the clinic or how their body movements are as they sit in the chair talking to you.

The second half of the book is devoted to sorting and classifying the diagnostic signs and symptoms into the traditional Chinese medicine diagnostic categories. For each pattern of imbalance, there is an explanation of the aetiology and pathomechanisms, as well as treatment strategies.

One of the most useful and innovative features of the book, is that it does not just give a list of possible acupuncture points and patent medicines that could be used in each diagnostic category. Each imbalance also has a section on relevant lifestyle and dietary advice. Furthermore, each diagnostic category also contains a section listing probable patterns of imbalance that could have preceded and could result as a consequence of this imbalance, encouraging the reader to see patterns of imbalance as dynamic processes, rather static conditions.

Five element acupuncturists and students will maybe find the book a bit lacking. The chapter on 5 element diagnosis and treatment is a tad thin, and the diagnostic focus in the first half of the book is much more 8 principles rather than constitutional 5 elements in its approach.

All in all though, whatever your background, this book will be a handy companion both on the school bench and in the clinic.

Facebook

Join our facebook group and get in touch with other TCM practitioners from the whole world: <http://www.facebook.com/group.php?gid=134552710696>

Sign up for the congress here:

<http://www.tcm-kongres.dk/registration.php>

Greetings from the 2nd Scandinavian TCM Congress in a country with sunshine, blue sky and wonderful beaches. We hope that the September weather in Denmark will be just as warm and welcoming as now.

Best regards,
TCM Lectures



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Director

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Peter Firebrace
England



Peter Mole
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Stephen Birch
Holland



Yair Maimon
Israel