



Newsletter from the 2nd Scandinavian TCM Congress 3rd–6th September 2009

Dear Colleagues of Classic and Traditional Chinese Medicine,

The weather in Denmark is wonderful right now. The temperature of the sea is high, and there is nothing more relaxing and at the same time revitalising than a long swim in the cool water. You may begin looking forward to this experience yourself! In the early days of September the weather may still be wonderful and mild, and the sea water still is not too cold for a swim!

At this very moment the congress team is working hard with the last details of the congress book. And what a book we have been able to offer to the participants this year! Read more about the content below.

Register for the congress now!

Please note that some of the practical workshops are almost full. And the workshop with Barbara Kirschbaum is already fully booked.

So if you have not registered for the congress - and plan to do so - you may wish to act quickly while it is still possible to choose freely between the remaining practical workshops.

You may use the following link to register directly:

<http://www.tcm-kongres.dk/registration.php>

The congress location and surroundings - Video Podcasts

Marian Nielsen Joos has spent part of the summer holidays in Slettestrand, and you may find it interesting and inspiring to watch the video podcasts which show the surroundings and the congress centre. As you will see, Slettestrand truly is a pearl and the surroundings add much extra value to the TCM Congress with its beautiful long beach and wonderful blue sea.

Watch the Video Podcasts here:

<http://www.youtube.com/TCMCONGRESS2009>

The Congress Book - with Words of Wisdom

Further to the relevant practical information as well as the articles and abstracts from the lecturers, we have succeeded in finding much additional information for the congress book this year.

This means that you can look forward to many interesting articles from lecturers, who are not even part of the congress this year, just as we have asked some of the present lecturers to reflect on our wonderful Chinese Medicine and share their thoughts and inspiration with us.

We look forward to welcoming 15 [international teachers:](#)



Anette Koppang
Norway



Arya Nielsen
USA



Barbara Kirschbaum
Germany



Dominique Hertz
Germany



In the Congress Book Heiner Fruehauf shares with us his translation of the 16th century Korean physician Hur Jun (Chinese: Xu Jun) from his Dongyi baojian (Precious Reflections by an Eastern Physician):

The sage healers of ancient times were able to heal the heart of humanity, and thus prevent disease from arising. Today's doctors only know how to treat disease when it has already manifested in physical form, and don't know anymore how to work with the heart. This situation can be compared to the process of pruning tree branches while neglecting the tap root, or to working downstream without awareness of the properties of the wellspring. Is this not an ignorant way to go about the business of medicine? If you wish to bring about real healing, you must first and foremost treat a person's heart. You must bring the heart on the right path, so that it can be filled and sustained by a universal sense of truth. You must get it to a place where it can safely abandon all doubting and worrying and obsessing in senselessly looping patterns, where it can let go of any anxiety provoking imbalances, and where it is willing to surrender all "me, me, me" and all "this is his/her fault!" Try and awaken the heart to acknowledge and regret all the wrong that one has done, to lay down all selfish attachments, and to transform one's small and self-centered world for the glorious universe wherein we are all one, and wherein there is nothing to do but praise its existence. This is the master method of the enlightened physician - healing through the heart...

Read more in the Congress Book!

The Congress Book - with an inspiring book list

In the Congress Book you will also find a long book list with more 70-80 titles. The list has been created by asking all the teachers about their own special books of inspiration as well as our own research in the field of Chinese Medicine books.

Participants from all over the world!

At the moment we look forward to welcoming and meeting participants and colleagues not only from the whole of Scandinavia, but also from England, Ireland, Italy, Switzerland, Portugal, South Africa and New Zealand. At the moment we even have participants from Pakistan applying for visa to join the congress!

This means that this 2nd Scandinavian TCM Congress will truly be a melting pot of nationalities where we will have a unique opportunity to share knowledge and network across borders.

Transport and Accomodation

As you have written earlier it is quite easy to reach the congress center at Rønne's Hotel, Slettestrand. From Denmark the place is easily accessed by car, bus or train. From the other Scandinavian countries ferry lines are available, and if you arrive by airplane, a connection to Aalborg airport is the closest airport to Slettestrand. You may send us an e-mail with the details of your arrival at Aalborg airport, and we will aim to prepare bus and/or taxi pick-up at the airport, if you arrive at the same time as other participants. If you arrive at other times you may catch a taxi and reach the conference center in 45 minutes.

If you still have not found accomodation during the congress, please do not hesitate to contact the tourist office:

Visit Jammerbugten
Strandvejen 5B
DK-9492 Blokhus
Phone: (+45) 72 57 89 70
Website: www.visitjammerbugten.dk

If you need assistance, you may also contact us directly and we will do our best to give you advice.

The Congress Party

This year the Congress Party will be a **Saturday Night Fever Congress Party!**

This means that you can look forward to a funky and fabulous evening (you may even want to dress up - and please be our guest!). The evening offers surprise entertainment and glittering Disco DJ with all the great music from the 70ties! And a supreme cocktail bar where Jon and Marian will serve you special Scandinavian congress cocktails. There will be plenty of time for dancing, socializing, catching up with old friends and making new ones.

A wonderful Danish buffet with many different fish, meat and vegetarian dishes as well as the chefs own unique dessert buffet with a large selection of Danish delicacies and



Elisa Rossi
Italy



Elisabeth Rochat
de la Vallée
France



Hamid Montakab
Switzerland



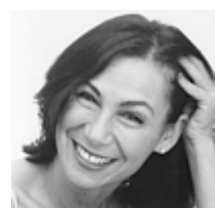
Heiner Fruehauf
USA



Jeffrey C. Yuen
USA



Lillian Pearl
Bridges
USA



Lorie Eve Dechar
USA



temptations!

Facebook

Join our facebook group and get in touch with other TCM practitioners from the whole world: <http://www.facebook.com/group.php?gid=134552710696>

Sign up for the congress here:

<http://www.tcm-kongres.dk/registration.php>

Greetings from the 2nd Scandinavian TCM Congress in a country with sunshine, blue sky and wonderful beaches. We hope that the September weather in Denmark will be just as warm and welcoming as now.

Best regards,
TCM Lectures



Marian Nielsen Joos
Director



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