

TCM Congress - Workshops

4th Scandinavian TCM Congress

„Chinese Medicine and Spirituality: Cultivation of the Practitioner, the Healer and the Alchemist“



Mike Robinson (UK)

Transforming the Human Consciousness

The human has within it an innate drive to be more, to grow. This reflects nature itself, which is always changing and evolving - the greater universe follows the same pattern, yet change has often been depicted as death, but nothing is ever really lost as the atom pulses and transforms, never ending in its vibration. The atom is the life-force of all, individualised in matter. It is divine chi.

The mind itself has taken this natural phenomenon of the inner movement to be more and created within it a distortion. This distortion shows itself in the way that we strive. This inner call to expand, to reach out to the mysteries of life is now externalised as an insatiable appetite for material wealth and power over others. We are in denial of this divine chi within our self and within others. This has created separation.

Divine chi has individualised as you and it has the power to transform life. Each individual lives according to its level of consciousness of this divine chi. The external life is a direct reflection of the inner state, as the inner creates and forms the outer. A lower vibrating inner chi, the less it illumines and transforms the ether around it and the more the person loses their way in ignorance and illusion.

How then can we strengthen our inner chi and transform the level of consciousness in others and in nature? This is what we will discuss and uncover during this workshop.