

TCM Congress - Workshops

4th Scandinavian TCM Congress

„Chinese Medicine and Spirituality: Cultivation of the Practitioner, the Healer and the Alchemist “

Lars Schuster, Denmark

Practical Use of Yì (意) and needling in Japanese acupuncture

The day will begin with a brief presentation of Japanese meridian therapy. This will include introduction to diagnostic palpation and needle technique.

It has in the earlier acupuncture literature been placed great emphasis on the understanding of qi regulation in both practitioner and patients. Therefore we will both discuss and illustrate the concept of Yì and a model of clinical use.

This workshop will include mental preparation of the practitioner and a discussion of how we nourish ourselves ... Yǎngshēng(養生) as practitioners.

Course goals

The Course will provide the participants with new Japanese techniques and strategies, and hopefully a broader understanding of practical use of Yì and the clinical benefits from it.

