

# TCM Congress

## 4th Scandinavian TCM Congress „Chinese Medicine and Spirituality: Cultivation of the Practitioner, the Healer and the Alchemist “



### Zhongxian Wu (China)

**Zhongxian Wu**, lifelong Daoist practitioner, is the recognized master of multiple lineages of Qigong, Taiji, and martial arts. In 2003, he was a sub-investigator in a National Institutes of Health (NIH) sponsored Qigong research program sponsored here in the USA. He is the author of 12 books (5 in Chinese) on ancient Chinese wisdom traditions. He synthesizes wisdom and experience for beginning and serious practitioners, as well as for patients seeking healing, in his unique and professionally designed courses and workshops.

#### EDUCATION/TRAINING

- **1996---present:**

Private internal martial arts study with Grandmaster Zhou Shourong 赵守荣, 6th generation lineage holder of *DaiShiXinYiQuan* 戴氏氏心意拳

- **1996---present:**

Private GuQin study with Grandmaster Li Mingzhong 李明忠, GuQin player, preeminent scholar of Ancient Chinese Music, and leading authority Tang, Song, Yuan and Ming dynasties GuQin restoration

- **1991---2001:**

Private Taiji, Qigong and traditional Chinese medicine apprenticeship with Dr. Yang Rongji 楊榮籍, 11th generation lineage holder of *WuDangHeShiTaiji*

- **1988---1995:**

Private Qigong, martial arts and traditional Chinese medicine apprenticeship with Dr. Yu Wencai 于文文才, 7th generation lineage holder of *EMeiZhenGong* 峨眉真功

- **1984--- 1999:**

Private Taiji, Qigong and traditional Chinese medicine apprenticeship with Dr. Pei Xirong 裴榮, 17th generation lineage holder of *WuDangLongMenPai* 武当龙门派

- **1985---1989:**

Xi'an University of Electronic Science and Technology, Xi'an, P.R. of China, B.S. Management and Information Engineering