

TCM Congress

4th Scandinavian TCM Congress

„Chinese Medicine and Spirituality: Cultivation of the Practitioner, the Healer and the Alchemist“



Lillian Pearl Bridget, USA

Lillian Pearl Bridges is the world's leading authority on Face Reading and Facial Diagnosis. In addition, she is a recognized expert on Five Element Feng Shui. She is considered a Professor of Classical Chinese Medicine and teaches from her deep understanding of ancient Daoist Philosophy. She lectures and teaches internationally to Doctors, Acupuncturists and other Health Professionals at conferences, colleges and universities and also to business people. She is the author of *Face Reading in Chinese Medicine*, now in its' second edition and published by Churchill Livingstone, which is used as a textbook at many schools of Chinese Medicine. She has also been a contributor to several other books on Chinese Medicine published by Elsevier and for the Thieme Almanac and was a columnist writing about Face Reading and Feng Shui for several Natural Health Magazines and has many articles written about her in newspapers and magazines in numerous countries. She was featured on the Dr. Oz Show in 2013 in the episode, "What Your Face Reveals About Your Health."

Experience – Conferences/Kongresses/Symposiums

Pacific Symposium, San Diego, California – 1992, 1993, 1994, 1995, 1996, 1997, 1998, 1999, 2000, 2001, 2003, 2005, 2007, 2009, 2011, 2013, 2014

TCM Kongress Rothenburg, Germany (for Doctors, Acupuncturists and Heilpraktikers) - 2001, 2002, 2003, 2004, 2005, 2006, 2007, 2009, 2011, 2013

Scandinavian TCM Kongress - Denmark 2007, 2009, 2011, 2014

Tao Kongress, Graz, Austria (For Doctors) – 2012, 2013

British Acupuncture Conference – London, England – 2007 2010, 2012

Canadian Oriental Medicine Symposium – Vancouver, Canada – 2007, 2010, 2012, 2014

Southwest Symposium – Austin, Texas – 2009, 2012, 2013

Great River Symposium - Minneapolis, Minnesota – 2008, 2013

International Spa Conference – Colorado Springs, Colorado and Long Beach, CA 1998, 2002

Experience – Universities/Colleges/Schools of Oriental Medicine

Academy of Oriental Healing Arts – Winterthur, Switzerland – 2008, 2010, 2014

American College of Acupuncture and Oriental Medicine – Houston, Texas - 2012

Bastyr University – Kenmore, WA – 2004, 2007, 2014

College of Integrated Chinese Medicine – Reading, England – 2005, 2007, 2009, 2011
Cerritos College – Cerritos, CA – 1993 - 1994
Emperor’s College – Santa Monica, CA – 1994 -1996
Five Branches Institute – Santa Cruz – 1994, 2011, 2012
Golden West – Faculty in Holistic Nursing, Huntington Beach, CA - 1992 – 1996
Institute of Traditional Medicine – Toronto, Canada - 2014
Irvine Valley College – Irvine, California - 1992 - 1994
Los Angeles Harbor College – Faculty - Los Angeles – 1994 - 1995
Mira Costa College – San Diego, CA – 1990 - 1998
Monterey Peninsula College – Monterey - 1995
New England School of Acupuncture and Oriental Medicine – Boston, Massachusetts - 2006
Northwest Institute of Oriental Medicine – Seattle, WA - 1996
Oregon College of Oriental Medicine – Portland, OR – 2009, 2011, 2014
Pacific College - New York, New York – 2010, 2011, 2012
Samra University of Oriental Medicine – Faculty – Los Angeles, CA – 1992 - 1998
Santa Barbara College of Oriental Medicine – Santa Barbara - 1995
SculaTao for Doctors – Bologna, Italy – 2012 and 2013
Spring Autumn Institute – Schleiz, Germany – 2010 - 2011
Yo San University of Traditional Oriental Medicine – Faculty - Santa Monica, CA – 1994 - 1998

Experience – Associations/Organizations

Danish Acupuncture Association and Scandinavian TCM Lectures – 2002 - 2006
Esalen Institute, Big Sur, California – 1993, 1994, 1996, 1997
German Association of Acupuncture (for Doctors) – Dusseldorf - 1992, 1993, 1994, 1995, 1996, 1997, 1998
Michigan Acupuncture Association for Doctors – Ann Arbor - 2004
New Zealand Registry of Acupuncture – 1993, 1995, 1997, 2001, 2002, 2014

Education

Bachelor of Arts Degree in Psychology from the University of California, Los Angeles in 1974

Apprenticed with her Chinese mother's family since early childhood, particularly her Grandmother - Mary Chen Lowe, whose family passed down Face Reading for many generations in China.